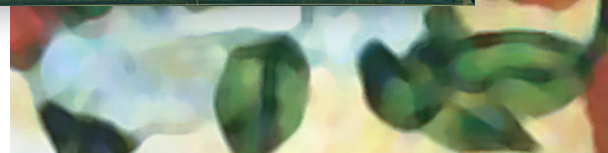


# ACT OF CONSECRRATION TO *Jesus through Mary*

**O** ETERNAL AND INCARNATE WISDOM!  
O SWEETEST AND MOST ADORABLE JESUS! TRUE  
GOD AND TRUE MAN, ONLY SON OF THE ETERNAL  
FATHER, AND OF MARY, ALWAYS VIRGIN! I ADORE THEE  
PROFOUNDLY IN THE BOSOM AND SPLENDORS OF THY  
FATHER DURING ETERNITY; AND I ADORE THEE ALSO IN THE  
VIRGINAL BOSOM OF MARY, THY MOST WORTHY MOTHER, IN  
THE TIME OF THINE INCARNATION.

I GIVE THEE THANKS FOR THAT THOU HAST ANNIHILATED  
THYSELF, TAKING THE FORM OF A SLAVE IN ORDER TO  
RESCUE ME FROM THE CRUEL SLAVERY OF THE DEVIL. I  
PRAISE AND GLORIFY THEE FOR THAT THOU HAST BEEN  
PLEASED TO SUBMIT THYSELF TO MARY, THY HOLY MOTHER,  
IN ALL THINGS, IN ORDER TO MAKE ME THY FAITHFUL SLAVE  
THROUGH HER. BUT, ALAS! UNGRATEFUL AND FAITHLESS  
AS I HAVE BEEN, I HAVE NOT KEPT THE PROMISES WHICH I  
MADE SO SOLEMNLY TO THEE IN MY BAPTISM; I HAVE NOT  
FULFILLED MY OBLIGATIONS; I DO NOT DESERVE TO BE  
CALLED THY CHILD, NOR YET THY SLAVE; AND AS THERE IS  
NOTHING IN ME WHICH DOES NOT MERIT THINE ANGER  
AND THY REPULSE, I DARE NOT COME BY MYSELF BEFORE THY  
MOST HOLY AND AUGUST MAJESTY. IT IS ON THIS ACCOUNT  
THAT I HAVE RECOURSE TO THE INTERCESSION OF THY  
MOST HOLY MOTHER, WHOM THOU HAST GIVEN ME FOR A  
MEDIATRIX WITH THEE. IT IS THROUGH HER THAT I HOPE  
TO OBTAIN OF THEE CONTRITION, THE PARDON OF MY SINS,  
AND THE ACQUISITION AND PRESERVATION OF WISDOM.

HAIL, THEN, O IMMACULATE MARY, LIVING TABERNACLE OF  
THE DIVINITY, WHERE THE ETERNAL WISDOM WILLED TO  
BE HIDDEN AND TO BE ADORED BY ANGELS AND BY MEN!  
HAIL, O QUEEN OF HEAVEN AND EARTH, TO WHOSE EMPIRE  
EVERYTHING IS SUBJECT WHICH IS UNDER GOD. HAIL, O  
SURE REFUGE OF SINNERS, WHOSE MERCY FAILS NO ONE.  
HEAR THE DESIRES WHICH I HAVE OF THE DIVINE WISDOM;  
AND FOR THAT END RECEIVE THE VOWS AND OFFERINGS  
WHICH IN MY LOWLINESS I PRESENT TO THEE.





I, \_\_\_\_\_, A FAITHLESS  
SINNER, RENEW AND RATIFY TODAY IN THY HANDS  
THE VOWS OF MY BAPTISM; I RENOUNCE FOREVER  
SATAN, HIS POMPS AND WORKS; AND I GIVE MYSELF  
ENTIRELY TO JESUS CHRIST, THE INCARNATE  
WISDOM, TO CARRY MY CROSS AFTER HIM  
ALL THE DAYS OF MY LIFE, AND TO BE MORE  
FAITHFUL TO HIM THAN I HAVE EVER  
BEEN BEFORE. IN THE PRESENCE OF ALL THE  
HEAVENLY COURT I CHOOSE THEE THIS DAY  
FOR MY MOTHER AND MISTRESS. I DELIVER  
AND CONSECRATE TO THEE, AS THY SLAVE, MY  
BODY AND SOUL, MY GOODS, BOTH INTERIOR AND  
EXTERIOR, AND EVEN THE VALUE OF ALL MY GOOD  
ACTIONS, PAST, PRESENT AND FUTURE; LEAVING TO THEE  
THE ENTIRE AND FULL RIGHT OF DISPOSING OF ME,  
AND ALL THAT BELONGS TO ME, WITHOUT EXCEPTION,  
ACCORDING TO THY GOOD PLEASURE, FOR THE  
GREATER GLORY OF GOD IN TIME AND IN ETERNITY.

RECEIVE, O BENIGNANT VIRGIN, THIS LITTLE OFFERING  
OF MY SLAVERY, IN HONOR OF, AND IN UNION WITH,  
THAT SUBJECTION WHICH THE ETERNAL WISDOM  
DEIGNED TO HAVE TO THY MATERNITY; IN HOMAGE  
TO THE POWER WHICH BOTH OF YOU HAVE OVER  
THIS POOR SINNER, AND IN THANKSGIVING FOR THE  
PRIVILEGES WITH WHICH THE HOLY TRINITY HAS  
FAVORED THEE. I DECLARE THAT I WISH HENCEFORTH,  
AS THY TRUE SLAVE, TO SEEK THY HONOR AND TO OBEY  
THEE IN ALL THINGS.

O ADMIRABLE MOTHER, PRESENT ME TO THY DEAR SON  
AS HIS ETERNAL SLAVE, SO THAT AS HE HAS REDEEMED  
ME BY THEE, BY THEE HE MAY RECEIVE ME! O MOTHER  
OF MERCY, GRANT ME THE GRACE TO OBTAIN THE TRUE  
WISDOM OF GOD; AND FOR THAT END RECEIVE ME  
AMONG THOSE WHOM THOU LOVEST AND TEACHEST,  
WHOM THOU LEADEST, NOURISHEST AND PROTECTEST  
AS THY CHILDREN AND THY SLAVES.

O FAITHFUL VIRGIN, MAKE ME IN ALL THINGS SO  
PERFECT A DISCIPLE, IMITATOR AND SLAVE OF THE  
INCARNATE WISDOM, JESUS CHRIST THY SON, THAT I  
MAY ATTAIN, BY THINE INTERCESSION AND BY THINE  
~ VENERABLE POPE PIUS XII

SIGNED: \_\_\_\_\_

DATE: \_\_\_\_\_

# AFTER CONSECRATION

ONCE YOU HAVE CONSECRATED YOURSELF TO JESUS THROUGH MARY, LIVE THAT CONSECRATION. ST. LOUIS-MARIE DE MONTFORT RECOMMENDED THE FOLLOWING:

- **KEEP PRAYING** TO DEVELOP A “GREAT CONTEMPT” FOR THE SPIRIT OF THIS WORLD
- **MAINTAIN A SPECIAL DEVOTION TO THE MYSTERY OF THE INCARNATION** (E.G., THROUGH MEDITATION; SPIRITUAL READING; FOCUSING ON FEASTS CENTERING AROUND THE INCARNATION, SUCH AS THE ANNUNCIATION AND THE NATIVITY, ETC.)
- FREQUENTLY RECITE THE **AVE, ROSARY, AND THE MAGNIFICAT**
- RECITE, EVERY DAY IF IT IS NOT INCONVENIENT, THE “**LITTLE CROWN OF THE BLESSED VIRGIN**” -- A SERIES OF PATERS, AVES, AND GLORIAS -- ONE AVE FOR EACH STAR IN THE VIRGIN’S CROWN. ST. LOUIS HAS A SPECIAL WAY OF PRAYING THE LITTLE CROWN, WHICH IS RECOMMENDED.
- **DO EVERYTHING THROUGH, WITH, IN AND FOR MARY FOR THE SAKE OF JESUS**, WITH THE PRAYER, “**I AM ALL THINE IMMACULATE ONE, WITH ALL THAT I HAVE: IN TIME AND IN ETERNITY**” IN YOUR HEART AND ON YOUR LIPS
- **ASSOCIATE YOURSELF WITH MARY IN A SPECIAL WAY BEFORE, DURING, AND AFTER COMMUNION** (SEE SUPPLEMENT OF THE BOOK, “TRUE DEVOTION TO THE BLESSED VIRGIN MARY” ABOVE)
- **WEAR A LITTLE IRON CHAIN** (AROUND THE NECK, ARM, WAIST, OR ANKLE) AS AN OUTWARD SIGN AND REMINDER OF HOLY SLAVERY. THIS PRACTICE IS OPTIONAL, BUT VERY RECOMMENDED BY ST. LOUIS. THE APPEARANCE OF THIS CHAIN IS NOT FURTHER SPECIFIED.
- **RENEW THE CONSECRATION ONCE A YEAR ON THE SAME DATE** CHOSEN ABOVE, AND BY FOLLOWING THE SAME 33-DAY PERIOD OF EXERCISES. IF DESIRED, ALSO RENEW THE CONSECRATION MONTHLY WITH THE PRAYER, “I AM ALL THINE AND ALL I HAVE IS THINE, O DEAR JESUS, THROUGH MARY, THY HOLY MOTHER.”
- OPTIONAL: **JOIN THE CONFRATERNITY OF MARY, QUEEN OF ALL HEARTS**. THEIR ADDRESS:

DIRECTOR, CONFRATERNITY OF MARY QUEEN OF ALL HEARTS  
26 SOUTH SAXON AVENUE  
BAY SHORE, NY 11706

# THIS DEVOTION AT *Holy Communion*

## BEFORE HOLY COMMUNION

266. 1) **PLACE YOURSELF HUMBLY IN THE PRESENCE OF GOD.**

2) **RENOUNCE YOUR CORRUPT NATURE AND DISPOSITIONS, NO MATTER HOW GOOD SELF-LOVE MAKES THEM APPEAR TO YOU.**

3) **RENEW YOUR CONSECRATION SAYING, "I BELONG ENTIRELY TO YOU, DEAR MOTHER, AND ALL THAT I HAVE IS YOURS."**

4) **IMPLORE MARY TO LEND YOU HER HEART** SO THAT YOU MAY RECEIVE HER SON WITH HER DISPOSITIONS. REMIND HER THAT HER SON'S GLORY REQUIRES THAT HE SHOULD NOT COME INTO A HEART SO SULLIED AND FICKLE AS YOUR OWN, WHICH COULD NOT FAIL TO DIMINISH HIS GLORY AND MIGHT CAUSE HIM TO LEAVE. TELL HER THAT IF SHE WILL TAKE UP HER ABODE IN YOU TO RECEIVE HER SON - WHICH SHE CAN DO BECAUSE OF THE SOVEREIGNTY SHE HAS OVER ALL HEARTS - HE WILL BE RECEIVED BY HER IN A PERFECT MANNER WITHOUT DANGER OF BEING AFFRONTED OR BEING FORCED TO DEPART. "GOD IS IN THE MIDST OF HER. SHE SHALL NOT BE MOVED."

TELL HER WITH CONFIDENCE THAT ALL YOU HAVE GIVEN HER OF YOUR POSSESSIONS IS LITTLE ENOUGH TO HONOUR HER, BUT THAT IN HOLY COMMUNION YOU WISH TO GIVE HER THE SAME GIFTS AS THE ETERNAL FATHER GAVE HER. THUS SHE WILL FEEL MORE HONoured THAN IF YOU GAVE HER ALL THE WEALTH IN THE WORLD. TELL HER, FINALLY, THAT JESUS, WHOSE LOVE FOR HER IS UNIQUE, STILL WISHES TO TAKE HIS DELIGHT AND HIS REPOSE IN HER EVEN IN YOUR SOUL, EVEN THOUGH IT IS POORER AND LESS CLEAN THAN THE STABLE WHICH HE READILY ENTERED BECAUSE SHE WAS THERE. BEG HER TO LEND YOU HER HEART, SAYING, "O MARY, I TAKE YOU FOR MY ALL; GIVE ME YOUR HEART."

## DURING HOLY COMMUNION

267. **AFTER THE OUR FATHER, WHEN YOU ARE ABOUT TO RECEIVE OUR LORD, SAY TO HIM THREE TIMES THE PRAYER, "LORD, I AM NOT WORTHY."** SAY IT THE FIRST TIME AS IF YOU WERE TELLING THE ETERNAL FATHER THAT BECAUSE OF YOUR EVIL THOUGHTS AND YOUR INGRATITUDE TO SUCH A GOOD FATHER, YOU ARE UNWORTHY TO RECEIVE HIS ONLY-BEGOTTEN SON, BUT THAT HERE IS MARY, HIS HANDMAID, WHO ACTS FOR YOU AND WHOSE PRESENCE GIVES YOU A SPECIAL CONFIDENCE AND HOPE IN HIM.

268. **SAY TO GOD THE SON, "LORD, I AM NOT WORTHY"**, MEANING THAT YOU ARE NOT WORTHY TO RECEIVE HIM BECAUSE OF YOUR USELESS AND EVIL WORDS AND YOUR CARELESSNESS IN HIS SERVICE, BUT NEVERTHELESS YOU ASK HIM TO HAVE PITY ON YOU BECAUSE YOU ARE GOING TO USHER HIM INTO THE HOUSE OF HIS MOTHER AND YOURS, AND YOU WILL NOT LET HIM GO UNTIL HE HAS MADE IT HIS HOME. IMPLORE HIM TO RISE AND COME TO THE PLACE OF HIS REPOSE AND THE ARK OF HIS SANCTIFICATION. TELL HIM THAT YOU HAVE NO FAITH IN YOUR OWN MERITS, STRENGTH AND PREPAREDNESS, LIKE ESAU, BUT ONLY IN MARY, YOUR MOTHER, JUST AS JACOB HAD TRUST IN REBECCA HIS MOTHER. TELL HIM THAT ALTHOUGH YOU ARE A GREAT SINNER YOU STILL PRESUME TO APPROACH HIM, SUPPORTED BY HIS HOLY MOTHER AND ADORNED WITH HER MERITS AND VIRTUES.

269. **SAY TO THE HOLY SPIRIT, "LORD, I AM NOT WORTHY"**. TELL HIM THAT YOU ARE NOT WORTHY TO RECEIVE THE MASTERPIECE OF HIS LOVE BECAUSE OF YOUR LUKEWARMNESS, WICKEDNESS AND RESISTANCE TO HIS INSPIRATIONS. BUT, NONETHELESS, YOU PUT ALL YOUR CONFIDENCE IN MARY, HIS FAITHFUL SPOUSE, AND SAY WITH ST. BERNARD, "SHE IS MY GREATEST SAFEGUARD, THE WHOLE FOUNDATION OF MY HOPE." BEG HIM TO OVERSHADOW MARY, HIS INSEPARABLE SPOUSE, ONCE AGAIN. HER WOMB IS AS PURE AND HER HEART AS ARDENT AS EVER. TELL HIM THAT IF HE DOES NOT ENTER YOUR SOUL NEITHER JESUS NOR MARY WILL BE FORMED THERE NOR WILL IT BE A WORTHY DWELLING FOR THEM.

## AFTER HOLY COMMUNION

270. **AFTER HOLY COMMUNION, CLOSE YOUR EYES AND RECOLLECT YOURSELF. THEN USHER JESUS INTO THE HEART OF MARY:** YOU ARE GIVING HIM TO HIS MOTHER WHO WILL RECEIVE HIM WITH GREAT LOVE AND GIVE HIM THE PLACE OF HONOUR, ADORE HIM PROFOUNDLY, SHOW HIM PERFECT LOVE, EMBRACE HIM INTIMATELY IN SPIRIT AND IN TRUTH, AND PERFORM MANY OFFICES FOR HIM OF WHICH WE, IN OUR IGNORANCE, WOULD KNOW NOTHING.

271. **OR, MAINTAIN A PROFOUNDLY HUMBLE HEART IN THE PRESENCE OF JESUS DWELLING IN MARY.** OR BE IN ATTENDANCE LIKE A SLAVE AT THE GATE OF THE ROYAL PALACE, WHERE THE KING IS SPEAKING WITH THE QUEEN. WHILE THEY ARE TALKING TO EACH OTHER, WITH NO NEED OF YOU, GO IN SPIRIT TO HEAVEN AND TO THE WHOLE WORLD, AND CALL UPON ALL CREATURES TO THANK, ADORE AND LOVE JESUS AND MARY FOR YOU. "COME, LET US ADORE."

272. **OR, ASK JESUS LIVING IN MARY THAT HIS KINGDOM MAY COME UPON EARTH THROUGH HIS HOLY MOTHER.** ASK FOR DIVINE WISDOM, DIVINE LOVE, THE FORGIVENESS OF YOUR SINS, OR ANY OTHER GRACE, BUT ALWAYS THROUGH MARY AND IN MARY. CAST A LOOK OF REPROACH UPON YOURSELF AND SAY, "LORD, DO NOT LOOK AT MY SINS, LET YOUR EYES SEE NOTHING IN ME BUT THE VIRTUES AND MERITS OF MARY." REMEMBERING YOUR SINS, YOU MAY ADD, "I AM MY OWN WORST ENEMY AND I AM GUILTY OF ALL THESE SINS." OR, "DELIVER ME FROM THE UNJUST AND DECEITFUL MAN." OR AGAIN, "DEAR JESUS, YOU MUST INCREASE IN MY SOUL AND I MUST DECREASE." "MARY, YOU MUST INCREASE IN ME AND I MUST ALWAYS GO ON DECREASING." "O JESUS AND MARY, INCREASE IN ME AND INCREASE IN OTHERS AROUND ME."

273. **THERE ARE INNUMERABLE OTHER THOUGHTS WITH WHICH THE HOLY SPIRIT WILL INSPIRE YOU,** WHICH HE WILL MAKE YOURS IF YOU ARE THOROUGHLY RECOLLECTED AND MORTIFIED, AND CONSTANTLY FAITHFUL TO THE GREAT AND SUBLIME DEVOTION WHICH I HAVE BEEN TEACHING YOU. BUT REMEMBER, THE MORE YOU LET MARY ACT IN YOUR COMMUNION THE MORE JESUS WILL BE GLORIFIED. THE MORE YOU HUMBLE YOURSELF AND LISTEN TO JESUS AND MARY IN PEACE AND SILENCE - WITH NO DESIRE TO SEE, TASTE OR FEEL - THEN THE MORE FREEDOM YOU WILL GIVE TO MARY TO ACT IN JESUS' NAME AND THE MORE JESUS WILL ACT IN MARY. FOR THE JUST MAN LIVES EVERYWHERE BY FAITH, BUT ESPECIALLY IN HOLY COMMUNION, WHICH IS AN ACTION OF FAITH.